## <u>Eui-Am</u> Close Ready Stance, Hands In Kicking Position

- 1. Step right foot rearward into a left walking stance (facing north) while executing a (low, inward, guarded) reverse knife-hand strike (left side-fist to right shoulder).
- 2. Step left foot rearward into a right walking stance (facing north) while executing a (middle) reverse outer forearm block.
- 3. Maintain right walking stance while executing a (middle) straight punch to the north.
- 4a. Maintain hand positions while executing a (middle, left leg) twisting-kick to the northwest.
- 4b. Set down into a left walking stance (facing north) while executing a (middle) X-block.
- 5. Maintain left walking stance while executing a reverse high-rising block to the north (with the knife-hand).
- 6. Jump to the north into a right X-stance (facing west) while executing a (high, forward) straight back-fist strike to the north (left finger-belly to right wrist).
- 7. Step left foot into a straddle stance (facing west) while executing a (middle) straight punch to the south.
- 8a. Execute a (right leg) reverse-turning kick to the east.
- 8b. Set down stomping right foot into a left L-stance (facing south) while executing a (high, outward) single knife-hand strike.
- 9a. Execute a (left leg) side-piercing kick to the south.
- 9b. Set down into a left walking stance (facing south) while executing a (high) reverse crescent punch.
- 10. Draw right foot into a parallel stance (facing south) while executing a (middle) measured left crescent punch.
- 11. Step left foot rearward into a right walking stance (facing south) while executing a (low, inward, guarded) reverse knife-hand strike (right side-fist to left shoulder).
- 12. Step right foot rearward into a left walking stance (facing south) while executing a (middle) reverse outer forearm block.
- 13. Maintain left walking stance while executing a (middle) straight punch to the south.
- 14a. Maintain hand positions while executing a (middle, right leg) twisting-kick to the southwest.
- 14b. Set down into a right walking stance (facing south) while executing a (middle) X-block.
- 15. Maintain right walking stance while executing a reverse high-rising block to the south (with the knife-hand).
- 16. Jump to the south into a left X-stance (facing west) while executing a (high, forward) straight back-fist strike to the south (right finger-belly to left wrist).
- 17. Step right foot into a straddle stance (facing west) while executing a (middle) straight punch to the north.
- 18a. Execute a (left leg) reverse-turning kick to the east.
- 18b. Set down stomping left foot into a right L-stance (facing north) while executing a (high, outward) single knife-hand strike.
- 19a. Execute a (right leg) side-piercing kick to the north.
- 19b. Set down into a right walking stance (facing north) while executing a (high) reverse

crescent punch.

- 20. Draw left foot into a parallel stance (facing north) while executing a (middle) measured right crescent punch.
- 21. Step right foot into a right walking stance (facing north) while executing a (high) wedging block (with the knife-hands).
- 22. Maintain right walking stance while executing a reverse circle block to the northwest (with the ridge-hand).
- 23. Draw right foot rearward into a left rear-foot stance (facing north) while simultaneously executing (downward) palm blocks at the solar plexus (rear hand on the inside).
- 24. Step right foot into a left L-stance (facing north) while executing a (middle) reverse punch.
- 25. Scoot rearward maintaining left L-stance (facing north) while executing a (low, inward, guarded) straight ridge-hand block (left side-fist to right shoulder).
- 26. Step left foot into a left walking stance (facing north) while executing a (high) wedging block (with the knife-hands).
- 27. Maintain left walking stance while executing a reverse circle block to the northeast (with the ridge-hand).
- 28. Draw left foot rearward into a right rear-foot stance (facing north) while simultaneously executing (downward) palm blocks at the solar plexus (rear hand on the inside).
- 29. Step left foot into a right L-stance (facing north) while executing a (middle) reverse punch.
- 30. Scoot rearward maintaining right L-stance (facing north) while executing a (low, inward, guarded) straight ridge-hand block (right side-fist to left shoulder).
- 31a. Spinning on left foot execute a (right leg) reverse-turning kick to the north.
- 31b. Set right foot down behind left foot and immediately step right foot in front of left foot and spinning on right foot execute a (left leg) reverse-turning kick to the north.
- 31c. Set left foot down behind right foot and step right foot rearward into a right Lstance (facing north) while executing a (straight) low defense (with the knife-hand).
- 32. Shift right foot into a left walking stance (facing north) while executing a (middle) reverse punch.
- 33. Step left foot rearward into a left L-stance (facing north) while executing a (straight) low defense (with the right knife-hand).
- 34. Shift left foot into a right walking stance (facing north) while executing a (middle) middle reverse punch.
- 35. Maintain right walking stance while executing a (high) straight punch to the north.

## Move Right Foot To Paro

Pattern Count: 35

(Techniques: 43)

Definition: <u>Eui-Am</u>: This pattern is for the Se-Jong student a reminder of the need to be dedicated to a moral and ethical standard of life.

(3rd. Degree Pattern with Green Dot.)