Required Knowledge For 5th Degree Black Belt, Novice Master Instructor, Red Dot

Hyungs: Choong-Jang, Ul-Ji

Hyung: Choong-Jang **Movements: 52** **Diagram:**

Choong-Jang: a general of the Yi Dynasty, died in prison at the age of 27. This pattern ends with a left-hand attack to symbolize the tragedy of his death before he was able to come to full maturity. Performance of this pattern exemplifies the necessity of facing one's mortality and finding lasting meaning in life.

Beginning Position: Close ready Stance A

End Position: Left foot moves to the right foot

Hyung: Ul-Ji **Movements: 42** **Diagram:**

Hyung: Ul-Ji was the general who successfully defended Korea against Chinese invaders in (612 A.D.). The diagram represents his surname. Performance of this pattern exemplifies loyalty to Se-Jong and a willingness if necessary to defend the traditions upon which it is built.

Beginning Position: Parallel stance with knife hands crossed in front of the chest, left hand over right.

End Position: Left foot moves to the right foot

Significance of Belt: Awareness of danger to oneself.



(Microsoft Clip Art, May 31, 2016)

Techniques and Other Requirements

Hands:

Back fist and related derivations

Feet:

Reverse Turning kicks and all related derivations

Side Piercing kicks and all related derivations

Soft Techniques: Kote Gaeshi applied at different angles with multiple attackers

Free Sparring: In a world of Mixed Martial Arts competition, explain how we fit?

All Previous Requirements

Active Participation in Se-Jong Tae Kwon Do

Testing Protocol: Permission of the Board of Directors and/or Master of the System in needed to test for Novice Master Instructor Rank. Only 7th Degree and above, or a Panel of at least four 6th Degrees may be examiners for Novice Master Instructor Rank.

Question:

1. What does it mean to be a Master Instructor?