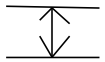
Required Knowledge For 4th Degree Black Belt – Blue Dot

Hyungs: Yoo-Sin, Moon-Moo

Hyung: Yoo-Sin **Movements:** 70 **Diagram:** 

Yoo-Sin: General Yoo-Sin of the Silla Dynasty united the three separate kingdoms of Korea in (668 A.D.). Performance of this pattern exemplifies the necessity of uniting mind, body, and spirit in one's journey through life.

Beginning Position: Parallel stance with hands in cup and saucer on the right hip.

End Position: Right foot moves to the left foot

Hyung: Moon-Moo Movements: 65 Diagram: 

Moon-moo: was the 13th king of the Silla Dynasty who came to the throne in (661 A.D.). Performance of this pattern exemplifies the dignity and honor is every person.

Beginning Position: Parallel stance

End Position: Right foot moves to the left foot

Significance: Understanding of Ideas

Techniques and Other Requirements

Hands: Upper cuts and related derivations

Feet: Front snap kick and related derivations

Soft Technique: Sankyyo applied at different angles with multiple attackers

Free Sparring: Understanding of competition and how it applies to free sparring

All Previous Requirements

Active Participation in Se-Jong Tae Kwon Do

Testing Protocol: Only Master Instructors 6th Degree or above may be examiners for 4th Dan Ranking

Question:

1. You see the Se-Jong Tae Kwon Do School Emblem above, has its meaning evolved with your training? How?