Required Knowledge For 3rd Degree Black Belt – Green Dot

Hyungs: Eui-Am , Yon-Ge

Hyung: Eui-Am **Movements:** 43 **Diagram:** |

Eui-Am: is the pseudonym of Son Byong Hi, religious leader and leader of the Korean Independence movement on March 1, 1919. He was responsible for changing the name of Dong Hak (Oriental Culture) to Chondo Kyo (Heavenly Way Religion) in 1905. Performance of this pattern exemplifies the need for dedication and moral and ethical standards in life.

Beginning Position: Close ready stance with hands in kicking position

Ending Position: Right foot moves to the left foot.

Hyung: Yon-Ge **Movement:** 51 **Diagram:** +

Yon-Ge: was a famous General during the Kokuryo Dynasty in (649 A. D.), he forced the Chinese out of Korea. Performance of this pattern exemplifies a willingness to do what is necessary to continue training.

Beginning Position: Parallel Stance with a #3 left elbow strike position

End Position: Right foot moves to left foot

Significance: Maturity in the martial arts



(Microsoft Clip Art, May 31, 2016)

Techniques and Other Requirements

Hands:

Hook Punch and related derivations

Feet:

Turning kick and related derivations

Soft Technique: Nikkyo applied at different angles with multiple attackers

Free Sparring: with multiple attackers

All previous Requirements

Active Participation in Se-Jong Tae Kwon Do

Testing Protocol: Only 5th Degrees and above may be examiners for 3rd Dan Ranking.

Questions

1. If you have reached this rank level, you will have spent many years training in Se-Jong Tae Kwon Do. Ask yourself, why do you train?